

Update Metabolic Surgery

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Obesity is a worldwide health problem. Over 500,000 bariatric procedures were performed in the world annually. The safety and efficacy of bariatric surgery had been proved. It provides long-persisted results for weight control and excellent outcome for obese related medical disease in selected patients. New procedures were reported for weight loss, as well as metabolic disease.

In Asian-Pacific region, the proportion of obesity and bariatric procedures increased rapidly in recent years. Not only surgeons, a multi-disciplinary team should play a societal goal to increase access, awareness and education regarding this life-saving intervention.

In this section, the comprehensive management of obesity and obesity-related diseases, specifically the current knowledge, expertise and evidence-based data on metabolic and bariatric surgery will be reviewed.